

Scottish Cross Country Championships Individual Medallists (Masters Men)

Jock Sample Quaich – First Presented 1980-1

2024-5	Darrell Hastie (M40)	Gala H	26.07
2023-4	Grant Baillie (M45)	East Kilbride AC	29.04
2022-3	Darrell Hastie (M40)	Gala H	28.21
2021-2	Ewan Cameron (M40)	Edinburgh AC	26.20
2020-1	No Championship due to Covid-19 pandemic		
2019-20	Ross Houston (M40)	Central AC	28.05
2018-9	Scott Brember (M45)	Central AC	28.00
2017-8	Jethro Lennox (M40)	Shettleston H	30.13
2016-7	Jethro Lennox (M40)	Shettleston H	27.44
2015-6	Kenneth Campbell (M40)	Ronhill Cambuslang H	29.15
2014-5	Keith Hood (M40)	Corstorphine AAC	28.48
2013-4	Kerry-Liam Wilson (M40)	Ronhill Cambuslang H	30.26
2012-3	Robert Quinn (M45)	Kilbarchan AAC	27.21
2011-2	Kerry-Liam Wilson (M40)	Ronhill Cambuslang H	28.35
2010-1	Robert Quinn (M45)	Kilbarchan AAC	31.03
2009-10	Kerry-Liam Wilson (M35)	Ronhill Cambuslang H	33.03
2008-9	Robert Quinn (M40)	Kilbarchan AAC	31.12
2007-8	Robert Quinn (M40)	Kilbarchan AAC	32.24
2006-7	Steven Cairns (M35)	Hunters Bog T	33.35
2005-6	Simon Pride (M35)	Forres H	35.12
2004-5	Andrew Little (M40)	Shettleston H	31.21
2003-4	Alexander Robertson (M40)	Ronhill Cambuslang H	36.17
2002-3	Colin Meek (M40)	Lothian RC	36.51
2001-2	Tommy Murray (M40)	Inverclyde AC	35.52
2000-1	Colin Donnelly (M40)	Ronhill Cambuslang H	37.11
1999-2000	Colin Donnelly (M40)	Ronhill Cambuslang H	32.51
1998-9	Keith Varney (M40)	Metro Aberdeen RC	36.45
1997-8	Edward Stewart (M40)	Ronhill Cambuslang H	37.44
1996-7	Fraser Clyne (M40)	Metro Aberdeen RC	36.09
1995-6	Brian Kirkwood (M40)	Leslie Deans Racing C	33.49
1994-5	Brian Kirkwood (M40)	Leslie Deans Racing C	37.16
1993-4	Brian Kirkwood (M40)	Racing Club Edinburgh	35.52
1992-3	Brian Kirkwood (M40)	Racing Club Edinburgh	30.55
1991-2	Ian Elliot (M40)	Teviotdale H	35.23
1990-1	Ian Elliot (M40)	Teviotdale H	31.56
1989-90	George Meredith (M40)	Victoria Park AAC	35.48
1988-9	Colin Youngson (M40)	Aberdeen AAC	31.36
1987-8	Colin Youngson (M40)	Aberdeen AAC	39.14
1986-7	Brian Scobie (M40)	Maryhill H	32.32
1985-6	Brian Scobie (M40)	Maryhill H	44.18
1984-5	Richard Hodelet (M40)	Greenock Glenpark H	31.22

Scottish Cross Country Champions (M35 Men)

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2012-3	Andrew Wright	Carnegie H	27.59	Robert Gilroy	Ronhill Cambuslang H	28.02	Ray Ward	Hunters Bog T	28.22
2009-10	Kerry-Liam Wilson	Ronhill Cambuslang H	33.03	Jamie Reid	Ronhill Cambuslang H	33.36	Thomas Lawrence	Carnegie H	34.19
2008-9	Stephen Wylie	Ronhill Cambuslang H	31.23	Kerry-Liam Wilson	Ronhill Cambuslang H	33.05	Jamie Reid	Ronhill Cambuslang H	33.31
2007-8	David Millar	Irvine AC	32.32	Stephen Wylie	Ronhill Cambuslang H	33.08	Kenneth Richmond	Belahouston RR	33.42
2006-7	Steven Cairns	Hunters Bog T	33.35	David Millar	Irvine AC	34.23	Kenneth Richmond	Belahouston RR	34.49
2005-6	Simon Pride	Forres H	35.12	Ian Johnston	Shettleston H	36.41	Paul Rogan	Forres H	37.33

Scottish Cross Country Champions (M40 Men)

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2024-5	Darrell Hastie	Gala H	26.07	Iain Whitaker	Edinburgh AC	26.57	Donald MacAulay	Corstorphine AAC	27.01
2023-4	Ross Houston	Central AC	29.50	Joe Symonds	Shettleston H	30.05	Stuart Livingstone	Corstorphine AAC	30.15
2022-3	Darrell Hastie	Gala H	28.21	Grant Baillie	East Kilbride AC	28.40	Ewan Cameron	Edinburgh AC	29.00
2021-2	Ewan Cameron	Edinburgh AC	26.20	Ross Houston	Central AC	26.31	Grant Baillie	East Kilbride AC	27.12
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Ross Houston	Central AC	28.05	Grant Baillie	East Kilbride AC	28.23	Iain Reid	Cambuslang H	29.32
2018-9	Graeme Murdoch	Gala H	28.03	Jethro Lennox	Shettleston H	28.14	Benjamin Hukins	Cambuslang H	28.31
2017-8	Jethro Lennox	Shettleston H	30.13	Iain Reid	Cambuslang H	30.15	Tom Ferrington	Corstorphine AAC	30.27
2016-7	Jethro Lennox	Shettleston H	27.44	Robert Gilroy	Cambuslang H	27.47	Neil Smith	Anster Haddies RC	28.27
2015-6	Kenneth Campbell	Ronhill Cambuslang H	29.15	Jamie Reid	Ronhill Cambuslang H	29.26	James Tole	Metro Aberdeen RC	29.28
2014-5	Keith Hood	Corstorphine AAC	28.48	Steven Wylie	Ronhill Cambuslang H	20.20	Kerry-Liam Wilson	Ronhill Cambuslang H	29.46
2013-4	Kerry-Liam Wilson	Ronhill Cambuslang H	30.26	William Richardson	Irvine AC	30.34	Keith Hood	Corstorphine AAC	31.00
2012-3	Kerry-Liam Wilson	Ronhill Cambuslang H	27.27	Keith Hood	Corstorphine AAC	27.37	William Richardson	Irvine AC	28.28
2011-2	Kerry-Liam Wilson	Ronhill Cambuslang H	28.35	Kenneth Richmond	Shettleston H	28.47	William Richardson	Irvine AC	29.00
2010-1	Kerry-Liam Wilson	Ronhill Cambuslang H	31.22	Steven Cairns	Hunters Bog T	31.42	Neil Wilkinson	Ronhill Cambuslang H	32.48
2009-10	David Rodgers	Ronhill Cambuslang H	33.13	Steven Cairns	Hunters Bog T	33.20	Kenneth Riddle	Highland HR	34.29
2008-9	Robert Quinn	Kilbarchan AAC	31.12	Craig McBurney	Hunter Bog T	32.04	Steven Cairns	Hunter Bog T	32.37
2007-8	Robert Quinn	Kilbarchan AAC	32.24	David Cavers	Teviotdale H	34.01	Charles Thomson	Ronhill Cambuslang H	34.33
2006-7	Andrew Little	Shettleston H	34.24	J Snodgrass	Kilbarchan AAC	36.04	David Cavers	Teviotdale H	36.47
2005-6	Andrew Little	Shettleston H	35.40	Martin Ferguson	City of Edinburgh	36.52	Michael Stewart	Keith & District AC	37.04
2004-5	Andrew Little	Shettleston H	31.21	William Coyle	Shettleston H	31.33	Keith Farquar	Metro Aberdeen RC	32.15
2003-4	Alexander Robertson	Ronhill Cambuslang H	36.17	John Cowan	Ronhill Cambuslang H	36.26	Ross Arbuckle	Ronhill Cambuslang H	36.48
2002-3	Colin Meek	Lothian RC	36.51	Adrain Callan	Shettleston H	37.07	Keith Farquar	Metro Aberdeen RC	37.23
2001-2	Tommy Murray	Inverclyde AC	35.52	Colin Donnelly	Ronhill Cambuslang H	37.23	Ross Arbuckle	Ronhill Cambuslang H	37.56
2000-1	Colin Donnelly	Ronhill Cambuslang H	37.11	Colin Meek	Lothian RC	37.52	Brian Gardner	Swindon H	37.52
1999-2000	Colin Donnelly	Ronhill Cambuslang H	32.51	Ian Stewart	Carnegie H	33.40	Brian Gardner	Caine RC	33.52
1998-9	Keith Varney	Metro Aberdeen RC	36.45	Gerard Gaffney	Inverclyde AAC	37.41	Francis Barton	Ronhill Cambuslang H	38.13
1997-8	Edward Stewart	Ronhill Cambuslang H	37.44	Keith Varney	Metro Aberdeen RC	38.45	Brian Gardner	Caine RC	39.05
1996-7	Fraser Clyne	Metro Aberdeen RC	36.09	Archibald Jenkins	Cambuslang H	36.15	Francis Barton	Cambuslang H	36.21
1995-6	Brian Kirkwood	Leslie Deans Racing C	33.49	Gerard Gaffney	Greenock Wellpark H	34.40	Francis Barton	Keith & District AAC	35.07
1994-5	Brian Kirkwood	Leslie Deans Racing C	37.16	Archibald Jenkins	Hunter Bog T	38.46	Frank Caldwell	Dumbarton AAC	39.03
1993-4	Brian Kirkwood	Racing Club Edinburgh	35.52	Archibald Jenkins	Hunter Bog T	36.10	Cameron Spence	IBM Spango Valley	36.49
1992-3	Brian Kirkwood	Racing Club Edinburgh	30.55	Ian Elliot	Teviotdale H	32.18	Archibald Jenkins	Hunter Bog T	32.27

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1991-2	Ian Elliot	Teviotdale H	35.23	Colin Youngson	Aberdeen AAC	35.32	George Meredith	Victoria Park AAC	36.30
1990-1	Ian Elliot	Teviotdale H	31.56	Colin Youngson	Aberdeen AAC	32.36	John Kennedy	Victoria Park AAC	32.45
1989-90	George Meredith	Victoria Park AAC	35.48	Colin Youngson	Aberdeen AAC	35.54	Brian Emmerson	Teviotdale H	36.15
1988-9	Colin Youngson	Aberdeen AAC	31.36	Charles McDougall	Calderglen H	31.58	Peter Marshall	Haddington ELP	32.29
1987-8	Colin Youngson	Aberdeen AAC	39.14	Archibald Duncan	Pitreavie AAC	39.38	Graham Milne	Aberdeen AAC	39.53
1986-7	Brian Scobie	Maryhill H	32.32	Brian Carty	Shettleston H	33.00	David Fairweather	Law & District AC	33.10
1985-6	Brian Scobie	Maryhill H	44.18	Allan Adams	Dumbarton AAC	45.29	Kenneth Duncan	Pitreavie AAC	46.31
1984-5	Richard Hodelet	Greenock Glenpark H	31.22	Allan Adams	Dumbarton AAC	31.25	William Scally	Shettleston H	31.30

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1983-4	Richard Hodelet	Greenock Glenpark H	30.47	J Lachan Stewart	Spango Valley AC	30.59	William Scally	Shettleston H	31.57
1982-3	Donald Macgregor	Fife AC	34.11	Martin Craven	Edinburgh Southern H	34.14	Antony McCall	Dumbarton AAC	34.23
1981-2	Andrew Brown	Clyde Valley AC	32.29	Martin Craven	Edinburgh Southern H	33.08	William Scally	Shettleston H	33.22
1980-1	Martin Craven	Edinburgh Southern H	32.30	Andrew Brown	Clyde Valley AC	33.19	Andrew Pender	Falkirk Victoria H	33.39
1979-80	Donald Macgregor	Fife AC	32.27	William Stoddart	Greenock Wellpark H	33.29	Ron Prior	Edinburgh AC	34.11
1978-9	William Stoddart	Greenock Wellpark H	33.41	J Barrowman	Garscube H	34.10	Jim Irvine	Bellahouston H	34.19
1977-8	William Stoddart	Greenock Wellpark H	24.21	William Drysdale	Law & District AAC	24.52	Tom O'Reilly	Springburn H	25.04
1976-7	William Stoddart	Greenock Wellpark H	29.07	Robert McKay	Clyde Valley AC	29.27	Robert McFall	Edinburgh Southern H	29.56
1975-6	Charles McAlinden	Paisley H		William Stoddart	Greenock Wellpark H		Gordon Eadie	Cambuslang H	
1974-5	Charles McAlinden	Paisley H	28.52	Gordon Eadie	Cambuslang H	29.41	Jim Irvine	Bellahouston H	29.42
1973-4	Charles McAlinden	Paisley H	27.47	William Russell	Monklands H	28.54	William Ramage	Springburn H	29.03
1972-3	William Stoddart	Greenock Wellpark H	28.41	Charles McAlinden	Babcock & Wilcox AC	29.20	Tom O'Reilly	Springburn H	30.22
1971-2	William Stoddart	Greenock Wellpark H	29.52	Hugh Mitchell	Shettleston H	31.27	Moir Logie	East Kilbride AAC	31.49

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2024-5	Grant Baillie	East Kilbride AC	27.38	Stuart Johnston	Edinburgh AC	27.45	Andrew Fallas	Carnethy HRC	27.47
2023-4	Grant Baillie	East Kilbride AC	29.04	Ben Livesey	Moray RR	29.15	Jim Tole	Metro Aberdeen RC	29.45
2022-3	Jim Tole	Metro Aberdeen RC	29.27	Jethro Lennox	Shettleston H	29.46	Andrew Davis	PH Racing Club	30.45
2021-2	Scott Brember	Central AC	27.06	Andrew Davis	PH Racing Club	27.27	James Tole	Metro Aberdeen RC	27.44
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Scott Brember	Central AC	28.06	Kerry-Liam Wilson	Cambuslang H	29.12	Steven Campbell	Greenock Glenpark H	30.16
2018-9	Scott Brember	Central AC	28.00	Stephen Allan	Cumbernauld AAC	28.45	Justin Carter	Cambuslang H	29.19
2017-8	William Richardson	Irvine RC	30.58	Justin Carter	Cambuslang H	32.28	Stephen Wylie	Cambuslang H	31.44
2016-7	Ruairidh Campbell	Montrose & District AC	28.13	Donald Naylor	Hunters Bog T	28.26	Michael Carroll	Perth RR	28.34
2015-6	Kerry-Liam Wilson	Ronhill Cambuslang H	29.24	Paul Miller	Inverness H	30.14	Gareth Jenkins	Moray RR	30.18
2014-5	David Millar	Irvine RC	32.28	Greg Hastie	Ronhill Cambuslang H	33.02	Stuart Campbell	Corstorphine AAC	33.31
2013-4	Stuart Campbell	Corstorphine AAC	32.28	James Buchanan	Dumfries RC	33.02	Kenny MacPherson	Ronhill Cambuslang H	33.31
2012-3	Robert Quinn	Kilbarchan AAC	27.21	Steve Carins	Hunters Bog T	27.56	Charles Thomson	Ronhill Cambuslang H	28.47
2011-2	Robert Quinn	Kilbarchan AAC	28.44	Ian Johnston	Corstorphine AAC	31.59	Denis Williams	Shettleston H	32.21
2010-1	Robert Quinn	Kilbarchan AAC	31.03	Andrew Little	Shettleston H	32.04	Raymond Jaffray	Teviotdale H	33.06
2009-10	Martin Ferguson	Edinburgh AC	35.07	Ross Arbuckle	Ronhill Cambuslang H	35.30	Lewis Lawson	Carnegie H	35.42
2008-9	Andrew Little	Shettleston H	32.09	Colin Donnelly	Ronhill Cambuslang H	32.27	Lewis Lawson	Carnegie H	34.27
2007-8	Colin Donnelly	Ronhill Cambuslang H	33.18	John Brown	Ronhill Cambuslang H	33.56	Neil Thin	Edinburgh AC	34.16
2006-7	Colin Donnelly	Ronhill Cambuslang H	34.42	Neil Thin	City of Edinburgh	35.24	Ross Arbuckle	Ronhill Cambuslang H	36.16
2005-6	Ian Stewart	Carnegie H	37.11	Jeff Farquhar	Pitreevie AAC	37.39	Charles Haskett	Dundee Hawkhill H	38.12
2004-5	Edward Stewart	Ronhill Cambuslang H	31.36	Colin Donnelly	Ronhill Cambuslang H	32.00	Brian Gardner	Swindon H	32.04
2003-4	Brian Gardner	Swindon H	37.36	Gerard Gaffney	Inverclyde AAC	37.57	Steve Laing	Central AC	38.13
2002-3	Gerard Gaffney	Inverclyde AC	37.32	Brian Gardner	Swindon H	38.17	Francis Barton	Ronhill Cambuslang H	38.39
2001-2	Ian Stewart	EZ Carnegie H	38.10	Gerard Gaffney	Inverclyde AAC	38.19	Peter Carton	Shettleston H	38.37
2000-1	Fraser Clyne	Metro Aberdeen RC	37.40	Francis Barton	Ronhill Cambuslang H	37.51	Brian Kirkwood	Mizuno RC	38.27
1999-2000	Brian Kirkwood	Mizuno RC	33.03	Douglas Cowie	Forres H	34.28	Archibald Jenkins	Ronhill Cambuslang H	34.52
1998-9	Brian Kirkwood	Mizuno RC	37.38	Archibald Jenkins	Ronhill Cambuslang H	38.04	John Hanratty	Clydesdale H	39.03
1997-8	Brian Kirkwood	Mizuno RC	38.59	Charles McDougall	Ronhill Cambuslang H	39.34	Archibald Jenkins	Ronhill Cambuslang H	39.38
1996-7	Brian Emmerson	Teviotdale H	37.07	Cameron Spence	IBM Spango Valley	37.18	Colin Youngson	Metro Aberdeen RC	37.37
1995-6	George Sim	Moray Road Runners	35.13	Charles McDougall	Cambuslang H	35.35	Douglas Gemmell	Clydesdale H	35.39
1994-5	Brian Emmerson	Teviotdale H	37.48	George Sim	Moray Road Runners	38.10	Colin Youngson	Metro Aberdeen RC	39.00

1993-4	Brian Emmerson	Teviotdale H	36.22	Colin Youngson	Metro Aberdeen RC	36.44	Charles McDougall	Cambuslang H	37.11
1992-3	Colin Youngson	Aberdeen AAC	32.38	Allan Adams	Dumbarton AAC	33.38	Graham Milne	Moray RR	33.57

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1987-8	Mel Edwards	Aberdeen AAC	40.55	Roderick MacFarquhar	Aberdeen AAC	41.10	Richard Hodelet	Greenock Glenpark H	41.57
1986-7	John Linaker	Pitreavie AAC	34.19	Martin Craven	Edinburgh Southern H	34.35	J Moses	Bellahouston H	35.17
1985-6	John Linaker	Pitreavie AAC	47.09	Ian Leggett	SVHC	49.00	Martin Craven	Edinburgh Southern H	49.05
1984-5	Donald Macgregor	Fife AC	31.50	John Linaker	Pitreavie AAC	32.30	Ian Leggett	Livingston AAC	34.03

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1991-2	Allan Adams	Dumbarton AAC	37.23	Colin Martin	Dunbarton AAC	37.42	Robert Young	Clydesdale H	37.58
1990-1	Allan Adams	Dumbarton AAC	33.37	Bernard McMonagle	Shettleston H	33.56	Robert Young	Clydesdale H	34.11
1989-90	Allan Adams	Dumbarton AAC	37.46	Ben Preece	Aberdeen AAC	38.29	Robert Young	Clydesdale H	38.53
1988-9	Allan Adams	Dumbarton AAC	32.36	Roderick MacFarquhar	Aberdeen AAC	33.12	Robert Young	Clydesdale H	33.18

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2024-5	Scott Brember	Central AC	27.53	Brent Brodie	Bellahouston H	28.47	Justin Carter	Cambuslang H	28.58
2023-4	Justin Carter	Cambuslang H	31.20	John Coyle	Garscube H	31.38	David Gardiner	Motherwell AC	31.45
2022-3	Stephen Wylie	Cambuslang H	29.58	David Gardiner	Motherwell AC	30.02	Andrew MacRae	Carnethy HRC	31.34
2021-2	Stephen Wylie	Cambuslang H	27.52	David Gardiner	Motherwell AC	28.34	Andrew Macrae	Carnethy HRC	29.26
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Steven Cairns	Hunters Bog T	29.43	David Gardiner	Motherwell AC	29.50	David Knight	Perth RR	31.12
2018-9	Charles Thomson	Cambuslang H	30.23	Stephen Allen	Motherwell AC	30.56	Ross McEachern	Cumbernauld AAC	31.23
2017-8	Jim Buchanan	Dumfries Running Club	32.19	Nick Milovsorov	Metro Aberdeen RC	32.25	Ross McEachern	Cumbernauld AAC	33.03
2016-7	Robert Quinn	Kilbarchan AAC	28.40	Nick Milovsorov	Metro Aberdeen RC	29.17	Stanley Mackenzie	Cambuslang H	29.43
2015-6	Nick Milovsorov	Metro Aberdeen RC	30.50	James Buchanan	Dumfries RC	31.18	Stanley Mackenzie	Ronhill Cambuslang H	31.34
2014-5	Christopher Upson	Ronhill Cambuslang H	31.59	Duncan Macfadyen	Inverclyde AC	32.19	Michael McQuaid	Falkirk Victoria H	32.32
2013-4	Neil Thin	Edinburgh AC	31.54	Andrew Little	Shettleston H	32.45	Peter Buchanan	Portobello RC	33.15
2012-3	David Thom	Ronhill Cambuslang H	29.56	Stanley MacKenzie	Forres H	30.11	John Goodall	Keith & District AAC	30.31
2011-2	Colin Donnelly	Ronhill Cambuslang H	30.02	Neil Thin	Edinburgh AC	30.32	Patrick O'Kane	Hinters Bog T	31.43
2010-1	Edward Stewart	Ronhill Cambuslang H	32.34	Iain Campbell	Ronhill Cambuslang H	33.10	Jeff Farquhar	Pitreavie AAC	33.58
2009-10	Colin Donnelly	Ronhill Cambuslang H	34.13	Ian Stewart	Carnegie H	34.54	Brian Gardner	Swindon H	35.23
2008-9	Ian Stewart	Carnegie H	33.53	Jeff Farquhar	Pitreavie AAC	35.01	Colin Miller	Irvine AC	35.09
2007-8	Brian Gardner	Swindon H	34.49	Keith Varney	Metro Aberdeen	36.01	Ian Stewart	Carnegie H	26.16
2006-7	Edward Stewart	Ronhill Cambuslang H	35.02	Craig Ross	Dundee Hawkhill H	38.23	Gerard Gaffney	Inverclyde AC	38.28
2005-6	Francis Barton	Ronhill Cambuslang H	38.35	Ewan Paterson	Moray RR	39.14	Craig Ross	Dundee Hawkhill H	39.33
2004-5	Brian Kirkwood	Lasswade AAC	32.32	Peter Carton	Shettleston H	33.06	Archibald Jenkins	Ronhill Cambuslang H	33.51
2003-4	Brian Kirkwood	Phoenix Racers	37.54	Peter Carton	Shettleston H	38.21	Tom Scott	Fife AC	39.10
2002-3	George Sim	Moray Road Runners	38.54	Archibald Jenkins	Ronhill Cambuslang H	39.12	Douglas Cowie	Forres H	39.18
2001-2	Andrew McLinden	Hamilton H	39.32	Tom Scott	Fife AC	40.07	Colin Youngson	Metro Aberdeen RC	40.15
2000-1	Tom Scott	Fife AC	40.40	Charles Noble	Metro Aberdeen RC	40.50	Christopher Northam	Lothian RC	42.06
1999-2000	Colin Youngson	Metro Aberdeen RC	35.57	Charles McDougall	Ronhill Cambuslang H	36.04	Michael Greaves	Aberdeen AAC	37.47
1998-9	Colin Youngson	Metro Aberdeen RC	39.22	George Meridith	Victoria Park AAC	39.38	James Knox	Teviotdale H	41.09
1997-8	Colin Youngson	Metro Aberdeen RC	39.49	Graham Milne	Moray RR	41.36	Kenneth Duncan	BT Pitreavie AAC	42.15
1996-7	Douglas Gemmell	Clydesdale H	37.33	Archibald Duncan	BT Pitreavie	37.53	Joe Holden	Fife AC	39.51
1995-6	Archibald Duncan	BT Pitreavie AAC	35.36	Robert Young	Clydesdale H	37.21	George Mitchell	Inverness H	37.47

1994-5	Allan Adams	Dumbarton AAC	40.16	Robert Young	Clydesdale H	40.56	Jack Knox	Gala H	41.28
1993-4	Allan Adams	Dumbarton AAC	37.50	Robert Guthrie	Bellahouston H	38.34	Robert Young	Clydesdale H	39.06
1992-3	Donald Macgregor	Fife AC	34.28	Mel Edwards	Aberdeen AAC	34.55	John Ballantyne	Aberdeen AAC	36.22

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1991-2	George Armstrong	Haddington ELP	40.40	R Rotchford	Springburn H	41.11	G Angus	Dundee Hawkhill H	41.15
1990-1	Donald Macgregor	Fife AC	34.21	John Linaker	Pitreavie AAC	34.55	Ian Leggett	Livingston AC	36.40
1989-90	John Linaker	Pitreavie AAC	39.17	Ian Leggett	Livingston AC	39.34	George Armstrong	Haddington ELP	41.57
1988-9	Jack Maitland	Lochaber AC	35.42	James Irvine	Bellahouston H	35.53	Henry Muchamore	Haddington ELP	37.01
1987-8	Jack Maitland	Lochaber AC	44.01	Jim Morrison	Aberdeen AAC	44.24	Jim Irvine	Bellahouston H	45.12
1986-7	Jim Irvine	Bellahouston H	35.22	Hugh Gibson	Hamilton H	37.39	D Fraser	Bellahouston H	37.47
1985-6	William Stoddart	Greenock Wellpark H	48.41	Pat Keenan	Victoria Park AAC	50.38	Hugh Gibson	Hamilton H	53.35
1984-5	William Stoddart	Greenock Wellpark H	33.30	William McBrinn	Clyde Valley AC	34.32	James Milne	Edinburgh AC	34.40

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1983-4	William Stoddart	Greenock Wellpark H	34.04	Tom O'Reilly	Springburn H	34.56	William McBrinn	Clyde Valley AC	35.08
1982-3	Alastair Wood	Aberdeen AAC	37.11	William McBrinn	Clyde Valley AC	37.18	Tom O'Reilly	East Kilbride AAC	37.42
1981-2	William Stoddart	Greenock Wellpark H	33.30	William McBrinn	Clyde Valley AC	34.35	William Marshall	Clyde Valley AC	35.30
1980-1	William Marshall	Clyde Valley AC	35.15	William McBrinn	Clyde Valley AC	35.53	David Cleland	SVHC	36.51
1979-80	William Marshall	Clyde Valley AC	35.55	Tom Stevenson	Greenock Wellpark H	36.37	Peter Milligan	Clydesdale H	36.42
1978-9	Hugh Mitchell	Shettleston H	35.04	William Marshall	Clyde Valley AC	35.27	D Clelland	SVHC	38.06
1977-8	William Marshall	Clyde Valley AC	25.39	Ronnie Kane	Victoria Park AAC	26.49	J Clark	Clyde Valley AC	28.51
1976-7	Ronnie Kane	Victoria Park AAC	31.38	Cyril O'Boyle	Clydesdale H	31.42	George Martin	Springburn H	38.51
1975-6	Cyril O'Boyle	Clydesdale H		Charles Forbes	Victoria Park AAC		J Kelly	Central Region AC	
1974-5	Tommy Harrison	Maryhill H	33.41	R Clark Wallace	Shettleston H	34.22	Walter Ross	Garscube H	
1973-4	George Martin	Springburn H	31.12	R Clark Wallace	Shettleston H	31.51	Jim Geddes	Monklands H	33.14
1972-3	Walter J Ross	Garscube H	34.03	Gordon Porteous	Maryhill H	34.10	Tommy Harrison	Maryhill H	34.43
1971-2	Andrew Forbes	Victoria Park AAC	34.35	Tommy Harrison	Maryhill H	35.09	Walter Ross	Garscube H	35.40

Scottish Cross Country Champions (M55 Men)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	David Gardiner	Motherwell AC	29.16	Steve Cairns	Hunter Bog T	29.48	Walter Henderson	Cunbernauld AAC	31.11
2023-4	Steve Cairns	Hunter Bog T	32.34	Walter Henderson	Cunbernauld AAC	33.47	Michael Sutherland	North Highland H	36.16
2022-3	Steve Cairns	Hunter Bog T	31.09	Gordon Simpson	Dundee Hawkhill H	32.11	Christopher Upson	Cambuslang H	32.22
2021-2	Christopher Upson	Cambuslang H	30.27	Neill Kelly	Metro Aberdeen RC	30.39	Nick Milovsorov	Metro Aberdeen RC	30.53
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Christopher Upson	Cambuslang H	31.49	David Eckersley	Central AC	31.59	Nick Milovsorov	Metro Aberdeen RC	32.11
2018-9	Colin Donnelly	Cambuslang H	29.29	Stan MacKenzie	Cambuslang H	31.42	Christopher Upson	Cambuslang H	31.56
2017-8	Colin Donnelly	Cambuslang H	31.55	Ted Gourley	Giffnock North AAC	34:01	Alick Walkinshaw	Cambuslang H	31.35
2016-7	Colin Donnelly	Cambuslang H	29.35	Patrick O'Kane	Hunters Bog T	30.52	William Jarvie	Portobello RC	31.35
2015-6	Edward Stewart	Ronhill Cambuslang H	31.21	David Weir	Forres H	32.30	Robert McLennan	Garscube H	33.48
2014-5	Edward Stewart	Ronhill Cambuslang H	31.52	Colin Feechan	Ronhill Cambuslang H	32.25	Gerard Gaffney	Inverclyde AC	34.11
2013-4	Colin Feechan	Ronhill Cambuslang H	34.02	John Tully	Teviotdale H	35.00	William Jarvie	Portobello RC	35.21
2012-3	Ian Stewart	Carnegie H	31.10	Brian Gardner	Swindon H	31.16	Donald Petrie	Kilbarchan AAC	31.28
2011-2	Edward Stewart	Ronhill Cambuslang H	31.12	Paul Thompson	Helensburgh AAC	31.33	Brian Gardner	Swindon H	32.10
2010-1	Francis Hurley	Ronhill Cambuslang H	35.29	Douglas Cowie	Forres H	35.45	Ewan Paterson	Moray RR	35.48
2009-10	Douglas Cowie	Forres H	36.43	Ewan Paterson	Moray RR	37.36	Archobald Jenkins	Ronhill Cambuslang H	38.41
2008-9	Tom Scott	Fife AC	35.44	Douglas Cowie	Forres H	36.25	Robert Wilson	Greenock Glenpark	37.19
2007-8	Ewan Paterson	Moray Road Runners	37.11	Archibald Jenkins	Ronhill Cambuslang H	38.06	David Mewse	Kilbarchan AAC	39.43
2006-7	George Sim	Moray Road Runners	37.30	Tom Scott	Fife AC	37.46	Andrew McLinden	Hamilton H	38.06
2005-6	Tom Scott	Fife AC	38.23	George Sim	Moray RR	38.40	Martin Ryan	Perth RR	41.21
2004-5	Tom Scott	Fife AC	34.33	George Mitchell	Inverness H	35.31	Colin Youngson	Metro Aberdeen RC	35.36
2003-4	Colin Youngson	Metro Aberdeen RC	41.36	Frank Yeoman	Dumbarton AAC	41.58	George Mitchell	Inverness H	42.10
2002-3	George Mitchell	Inverness H	40.46	Colin Youngson	Metro Aberdeen RC	40.50	Robert Young	Clydesdale H	42.15
2001-2	Thomas Dolan	Ronhill Cambuslang H	41.03	Robert Young	Clydesdale H	43.00	Gibson Fleming	Westerlands CCC	43.13
2000-1	Thomas Dolan	Ronhill Cambuslang H	41.54	George Mitchell	Inverness H	42.22	David Fairweather	Ronhill Cambuslang H	43.27
1999-2000	Robert Young	Clydesdale H	36.56	Duncan McNeil	Greenock Glenpark H	37.08	Jack Knox	Gala H	37.22
1998-9	Gibson Fleming	Westerland CCC	41.12	Peter Cartwright	Falkirk Victoria H	41.48	Duncan McNeil	Greenock Glenpark H	42.40
1997-8	Peter Cartwright	Falkirk Victoria H	43.47	Mel Edwards	Aberdeen AAC	46.08	Dugald MacDonald	Lochaber AC	48.26
1996-7	John Linaker	B Pitreavie AAC	39.22	Robert Brennan	Cambuslang H	42.31	Martin Craven	City of Edinburgh	44.27
1995-6	John Linaker	BT Pitreavie AAC	38.26	Steve Cromer	Dundee Hawkhill H	44.42	David McKirdy	East Kilbride AAC	45.25
1994-5	John Linaker	BT Pitreavie AAC	42.30	Brian Waldie	Carnethy HRC	42.38	George Armstrong	Haddington ELP	45.00
1993-4	Henry Morrison	Edinburgh AC	43.05	John Conaghan	IBM Spango Valley	44.43	James Shaw	Ferranti AAC	47.25
1992-3	William Gillespie	Carnethy HRC	31.06	Martin Coyne	RC Edinburgh	39.02	Jack Maitland	Lochaber AC	39.45

Scottish Cross Country Union

1991-2	Hugh Rankin	JW Kilmarnock AC	38.36	Hugh Gibson	Hamilton H	41.00	Bert McKay	Ayr Seaforth AAC	42.42
1990-1	William Gauld	Carnethy HRC	37.53	Jim Irvine	Bellahouston H	38.51	Steve McLean	Bellahouston H	39.29
1989-90	Hugh Rankin	JW Kilmarnock AC	39.18	Hugh Gibson	Hamilton H	41.11	Owen Light	Troon T	42.01
1988-9	Hugh Gibson	Hamilton H	36.25	William McBrinn	Shettleston H	36.42	William Gauld	Carnethy HRC	38.10

Scottish Veteran Harriers Club

1987-8	William Stoddart	Greenock Glenpark H	43.36	Hugh Gibson	Hamilton H	44.07	Sandy Robertson	Troon Tortoises	47.08
1986-7	William Stoddart	Greenock Glenpark H	35.53	William McBrinn	Shettleston H	36.09	Hamish Scott	Perth Strathtay H	38.00
1985-6	William McBrinn	Shettleston H	51.17	S McLean	Bellahouston H	56.00	William Russell	SVHC	57.47
1984-5	Tom Stevenson	Greenock Wellpark H	36.22	Tom Kinsey	Maryhill H	36.52	G Lawson	Maryhill H	37.31

Scottish Cross Country Champions (M60 Men)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	Christopher Upson	Cambuslang H	29.39	Grant Matheson	Falkirk Victoria H	32.38	Michael McQuaid	Falkirk Victoria H	33.10
2023-4	David Thom	Cambuslang H	35.56	Denis Williams	Shettleston H	36.29	Stan MacKenzie	Cambuslang H	37.32
2022-3	Colin Donnelly	Cambuslang H	31.52	Jeff Farquhar	Pitreavie AAC	34.14	Stan MacKenzie	Cambuslang H	34.20
2021-2	Jeff Farquhar	Pitreavie AAC	31.56	Charles Haskett	Dundee Hawkhill H	31.58	John Oates	Shettleston H	32.31
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Colin Donnelly	Cambuslang H	30.53	Edward Stewart	Cambuslang H	31.42	Charles Haskett	Dundee Hawkhill H	31.59
2018-9	Alastair Walker	Teviotdale H	31.16	Alexander Chisholm	Garscube H	33.42	John Crookston	PH Racing Club	33.52
2017-8	Edward Stewart	Cambuslang H	34:55	Paul Thompson	Cambuslang H	35:17	Charles Haskett	Dundee Hawkhill H	35:43
2016-7	Edward Stewart	Cambuslang H	30.00	Paul Thompson	Cambuslang H	31.35	Francis Hurley	Cambuslang H	32.38
2015-6	Frank Barton	Ronhill Cambuslang H	34.32	Douglas Cowie	Forres H	34.52	Alexander Chisholm	Garscube H	35.06
2014-5	Tony Martin	Fife AC	35.19	Ewan Paterson	Moray RR	35.43	Robert Wilson	Greenock Glenpark H	37.27
2013-4	Francis Hurley	Ronhill Cambuslang H	35.19	Andrew McLinden	Hamilton H	35.43	Ewan Paterson	Moray RR	37.27
2012-3	Francis Hurley	Ronhill Cambuslang H	31.31	Ewan Paterson	Moray RR	33.51	Ian Johnstone	Inverness H AC	33.57
2011-2	Andrew McLinden	Hamilton H	33.06	Alistair Murray	U/A	33.17	Sandy Wallace	Haddington ELP	35.46
2010-1	Andrew Rennie	Irvine AC	38.33	Robert Marshall	Gala H	39.23	Alexander Sutherland	Inverness H	40.29
2009-10	George Sim	Moray RR	37.54	Tom Scott	Fife AC	38.15	George Mitchell	Inverness H	39.48
2008-9	George Mitchell	Inverness H	38.50	Frank Yeoman	Dumbarton AAC	39.03	Archibald Duncan	Pitreavie AAC	39.36
2007-8	Archibald Duncan	Pitreavie AAC	39.17	Peter Probin	Haddington ELP	39.35	Robert Young	Clydesdale H	40.00
2006-7	Archibald Duncan	Pitreavie AAC	40.20	George Mitchell	Inverness H	41.03	Frank Yeoman	Dumbarton AAC	41.09
2005-6	George Mitchell	Inverness H	41.12	Archibald Duncan	Pitreavie AAC	41.36	Robert Young	Clydesdale H	42.17
2004-5	Robert Young	Clydesdale H	36.27	Jack Knox	Gala H	36.45	Peter Cartwright	Clydesdale H	37.31
2003-4	Robert Young	Clydesdale H	42.04	Jack Knox	Gala H	42.20	Peter Cartwright	Clydesdale H	43.38
2002-3	Alan Fowlie	City of Hull	45.25	Charles Love	Dundee Hawkhill H	45.41	Mel Edwards	Aberdeen AAC	46.46
2001-2	Stephen Cromar	Dundee Hawkhill H	49.45	John Taylor	Bellahouston H	53.21	Ian McManus	Irvine AC	53.30
2000-1	George Black	Fife AC	44.23	Ian Leggett	Lothian RC	45.47	Colin Campbell	Vets AC	46.09
1999-2000	Brian Waldie	Carnethy HRC	40.37	Ian Leggett	Livingston & Dist	40.38	George Black	Fife AC	44.37
1998-9	Brian Waldie	Carnethy HRC	44.05	William Farrell	Springburn H	48.13	Robert Kettles	Lasswade AAC	48.36
1997-8	Jack Maitland	Lochaber AC	49.08	Walter McCaskey	City of Edinburgh AC	50.58	William Farrell	Springburn H	51.40
1996-7	Tom O'Reilly	Springburn H	44.50	Robert McFall	City of Edinburgh AC	45.22	James Shaw	Ferranti AAC	45.43
1995-6	Tom O'Reilly	Springburn H	42.12	Robert McFall	Edinburgh Southern H	43.19	Walter McCaskey	Edinburgh AC	47.23
1994-5	William Gauld	Carnethy HRC	46.51	Hugh Gibson	Hamilton H	48.22	William Hamlin	Hamilton H	49.32
1993-4	Andrew Brown	Law & District AAC	40.21	William Stoddart	Greenock Wellpark H	42.06	Terry Paton	East Kilbride AAC	43.45
1992-3	Andrew Brown	Law & District AAC	35.51	Tom O'Reilly	Springburn H	41.20	William Hamlin	Hamilton H	41.20

Scottish Cross Country Union

1991-2	William Stoddart	Greenock Wellpark H	40.21	S Lawson	Maryhill H	46.23	John Elphinstone	SVHC	48.16
1990-1	William Marshall	Motherwell YMCA	38.07	S Lawson	Maryhill H	41.43	William Gillespie	Falkirk Victoria H	42.55
1989-90	William Marshall	Motherwell YMCA	42.43	Hugh McGinlay	Falkirk Victoria H	55.45	Only 2 Finishers		
1988-9	William Marshall	Motherwell YMCA	37.04	William Gillespie	Falkirk Victoria H	40.43	Anthony Hannah	Moray RR	45.39

Scottish Veteran Harriers Club

1987-8	William Marshall	Motherwell YMCA	47.55	W Templeton	SVHC	50.12	Only 2 Finishers		
1986-7	William Temple	Unattached	40.37	Ben Bickerton	Shettleston H	41.34	Andrew McInnes	Victoria Park AAC	42.28
1985-6	Murray Scott	Haddington ELP	62.44	J Clark	SVHC	63.23	David Anderson	Greenock Wellpark H	69.43
1984-5	J Clark	Clyde Valley AC	40.50	J Kelly	Falkirk Victoria H	42.28	Bill Adams	SVHC	43.24

1983-4	Thomas Kelly	Shettleston H	42.36	Tommy Harrison	Maryhill H	42.38	J Emmet Farrell	Maryhill H	42.45
1982-3	J Clark	Clyde Valley AC	42.57	George Kynaston	Aberdeen AAC	45.32	Gordon Porteous	Maryhill H	45.32
1981-2	Gordon Porteous	Maryhill H	41.26	David Morrison	Shettleston H	41.39	Andrew Forbes	Victoria Park AAC	42.37
1980-1	David Morrison	Shettleston H	41.28	J Emmet Farrell	Maryhill H	41.33	Gordon Porteous	Maryhill H	41.40
1979-80	Andrew Forbes	Victoria Park AAC		Gordon Porteous	Maryhill H		David Morrison	Shettleston H	
1978-9	J Emmet Farrell	Maryhill H	41.32	James Youngson	Aberdeen AAC	43.40	Walter Ross	Garscube H	45.31
1977-8	Andrew Forbes	Victoria Park AAC	29.14	Gordon Porteous	Maryhill H	29.18	J Emmet Farrell	Maryhill H	29.30
1976-7	Gordon Porteous	Maryhill H	34.55	Gavin Bell	Bellahouston H	38.51	Tony Else	Edinburgh AC	39.58
1975-6	Gordon Porteous	Maryhill H		Andrew Forbes	Victoria Park AAC		J Emmet Farrell	Maryhill H	
1974-5	Gordon Porteous	Maryhill H	35.14	Roddy Devon	Clyde Valley AAC		Only 2 Finishers		
1973-4	J Emmet Farrell	Maryhill H	31.47	Gordon Porteous	Maryhill H	33.14	Herbert Smith	Maryhill H	
1972-3	Herbert Smith	Maryhill H	36.57	J Emmet Farrell	Maryhill H	37.21	George Taylor	Shettleston H	39.02
1971-2	J Emmet Farrell	Maryhill H	42.18	Ron Smith	SVHC	43.10	George Taylor	Shettleston H	43.19

Scottish Cross Country Champions (M65 Men)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	Colin Donnelly	Cambuslang H	25.24	Jeff Farquhar	Pitreavie AAC	27.11	Bryce Aitken	Fife AC	27.12
2023-4	Colin Feechan	Cambuslang H	25.58	Richard Holland	Metro Aberdeen RC	27.07	Charles Graham-Marr	Central AC	27.11
2022-3	Edward Stewart	Cambuslang H	24.55	Charles Graham-Marr	Central AC	25.39	Charles Haskett	Dundee Hawkhill H	25.52
2021-2	Alastair Walker	Teviotdale H	22.58	Brian Urquhart	Fraserburgh RC	26.12	Alexander Chisholm	Garscube H	26.19
2020-1	No Championship due to Covid-19 pandemic								
2017-8	Tony Martin	Falkland TR	25:24	Francis Hurley	Cambuslang H	25:39	Andrew Rennie	Irvine RC	26:32
2016-7	Andrew McLinden	Hamilton H	27.08	Alex Sutherland	Highland HR	27.59	Tom Scott	Fife AC	29.16
2015-6	Alex Sutherland	Highland HR	27.23	Charles Noble	Fraserburgh RC	29.15	Alan Lawson	Dundee Hawkhill H	29.35
2014-5	Alex Sutherland	Highland HR	28.53	Andrew Rennie	Irvine RC	28.57	Stuart Waugh	Calderglen H	29.32
2013-4	Robert Marshall	Gala H	30.23	Alex Sutherland	Inverness H	33.35	Robert Andrewson	Ronhill Cambuslang H	33.53
2012-3	Alex Sutherland	Inverness H	25.14	George Mitchell	Inverness H	25.55	Colin Youngson	Forres H	26.35
2011-2	George Mitchell	Inverness H	26.06	Stewart McCrae	Cumbernauld AAC	26.09	Melville Scobie	Fife AC	26.30
2010-1	Archibald Duncan	Pitreavie AAC	25.57	George Mitchell	Inverness H	26.19	Robert Young	Clydesdale H	28.09
2009-10	Robert Young	Clydesdale H	42.57	Peter Cartwright	Clydesdale H	43.39	David Fairweather	Ronhill Cambuslang H	44.33
2008-9	James McMillan	Kilbarchan AAC	42.46	Ian Leggett	Livingston & Dist	43.37	Colin Campbell	Perth RR	48.57
2007-8	Peter Cartwright	Clydesdale H	40.59	George Armstrong	Haddington ELP	49.30	Ian McManus	Irvine AC	54.25
2006-7	Stephen Cromar	Dundee Hawkhill H	48.46	Colin Campbell	Perth RR	49.43	Sandy Cameron	City of Edinburgh	50.52
2005-6	Stephen Cromar	Dundee Hawkhill H	48.23	Ian Leggett	Livingston & Dist AAC	49.02	Only 2 Finishers		
2004-5	Stephen Cromar	Dundee Hawkhill H	41.43	John Taylor	Bellahouston H	46.02	John McNally	Fife AC	46.22
2003-4	Stephen Cromar	Dundee Hawkhill H	48.03	Walter McCaskey	City of Edinburgh AC	49.37	David Beauchop	Perth RR	55.10
2002-3	Walter McCaskey	City of Edinburgh AC	51.22	James Shaw	Ferranti AAC	55.50	Arnott Kidd	U/A	57.18
2001-2	Tom O'Reilly	Springburn H	50.37	Hugh Gibson	Hamilton H	51.14	Arnott Kidd	U/A	53.18
2000-1	Walter McCaskey	City of Edinburgh AC	49.04	Arnott Kidd	U/A	53.47	Tom O'Reilly	Springburn H	55.33
1999-2000	Tom O'Reilly	Springburn H	42.23	Hugh Gibson	Hamilton H	43.07	Walter McCaskey	City of Edinburgh AC	44.04
1998-9	Robert McFall	City of Edinburgh AC	46.48	Tom O'Reilly	Springburn H	49.24	James Pitillo	Teviotdale H	51.43
1997-8	Robert McFall	City of Edinburgh AC	47.31	Hugh Gibson	Hamilton H	53.51	James Cooney	Ferranti AAC	64.32
1996-7	William McBrinn	Shettleston H	46.47	Sandy Robertson	Troon Tortoises AC	48.49	Only 2 Finishers		
1995-6	William Marshall	Cambuslang H	46.56	Ernest Dunster	Aberdeen AAC	51.36	Only 2 Finishers		
1994-5	William Marshall	Cambuslang H	49.04	Hugh McGinley	U/A	53.21	Only 2 Finishers		
1993-4	William Marshall	Cambuslang H	46.18	Only 1 Finisher					
1992-3	William Marshall	SVHC	39.07	Robert Dempster	Maryhill H	53.00	Archibald Duncan	SVHC	60.23

Scottish Cross Country Union

1991-2	William Gillespie	Falkirk Victoria H	49.27	Robert Dempster	Maryhill H	58.44	Only 2 Finishers		
1990-1	Hugh McGinley	Falkirk Victoria H	45.42	Only 1 Finisher					
1989-90	William Marshall	Motherwell YMCA	42.43	Hugh McGinlay	Falkirk Victoria H	55.45	Only 2 Finishers		
1988-9	Tommy Harrison	Maryhill H	49.05	Only 1 Finisher					
1987-8									
1986-7	Tommy Harrison	Maryhill H	47.47	David Anderson	Greenock Wellpark H	49.56	Only 2 Finishers		
1985-6	No Finishers								
1984-5	No Finishers								

Scottish Cross Country Champions (M70 Men)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	Tony Martin	Fife AC	29.23	Malcolm Hammond	PH Racing Club	31.05	James Treasurer	Lochaber AC	33.12
2023-4	Tony Martin	Fife AC	27.48	Mike Goddard	Moorfoot R	30.51	James Treasurer	Lochaber AC	32.55
2022-3	Tony Martin	Fife AC	26.38	Andrew McLinden	Hamilton H	28.58	Frances Hurley	Cambuslang H	29.18
2021-2	Tony Martin	Fife AC	25.34	Ed Norton	PH Racing Club	27.42	Malcolm Hammond	PH Racing Club	28.21
2020-1	No Championship due to Covid-19 pandemic								
2017-8	Alex Sutherland	Inverness H & AAC	28:06	Colin Youngson	Forres H	32:00	Phil Smithard	Carnegie H	32:23
2016-7	Robert Young	Clydesdale H	29.51	Patrick Kelly	Law & District AC	30.40	Gibson Fleming	Westerlands XC Club	32.22
2015-6	Timothy Kirk	Inverness H	28.54	Robert Young	Clydesdale H	30.02	Gibson Fleming	Westerlands XC Club	31.35
2014-5	Robert Young	Clydesdale H	30.23	Gibson Fleming	Westerlands XC Club	31.33	James McMillan	Bellahouston H	32.54
2013-4	Peter Cartwright	Clydesdale H	33.46	Watson Jones	Clydesdale H	35.41	Only 2 Finishers		
2012-3	Peter Cartwright	Clydesdale H	27.03	Ian Leggett	Lothian RC	31.28	Only 2 Finishers		
2011-2	Stephen Cromar	Dundee Hawkhill H	30.47	Watson Jones	Clydesdale H	30.58	William Murray	Portobello RC	34.44
2010-1	Ian Leggett	Lothian RC	30.47	Stephen Cromar	Dundee Hawkhill H	30.59	William Murray	Portobello RC	34.33
2009-10	Leslie Nicol	Metro Aberdeen AAC	48.24	William Drysdale	Law & District AAC	65.33	Only 2 Finishers		
2008-9	Stephen Cromar	Dundee Hawkhill H	45.54	Walter McCaskey	Edinburgh AC	46.20	Stephen McLean	Bellahouston H	54.23
2007-8	Walter McCaskey	Edinburgh AC	45.18	Stephen McLean	Bellahouston H	53.09	Arnott Kidd	U/A	53.52
2006-7	Walter McCaskey	City of Edinburgh	48.18	Tom O'Reilly	City of Edinburgh	52.59	Arnott Kidd	U/A	57.42
2005-6	Walter McCaskey	City of Edinburgh	49.59	Tom O'Reilly	Springburn H	52.53	David Kerr	Irvine AC	66.40
2004-5	Walter McCaskey	City of Edinburgh	42.39	Robert McFall	City of Edinburgh	42.41	William McBrinn	Shettleston H	45.47
2003-4	Robert McFall	City of Edinburgh	49.48	Tom O'Reilly	Springburn H	52.00	Hugh Gibson	Hamilton H	54.14
2002-3	Hugh Gibson	Hamilton H	50.04	Robert McFall	City of Edinburgh	51.19	William Hamlin	Hamilton H	54.29
2001-2	No Finishers								
2000-1	No Finishers								
1999-2000	No Finishers								
1998-9	No Finishers								
1997-8	Archibald Duncan	Stonroway RC	78.27	Only 1 Finisher					
1996-7	William Gillespie	Falkirk Victoria H	53.31	Archibald Duncan	U/A	73.50	Only 2 Finishers		
1995-6	Archibald Duncan	U/A	70.52	Only 1 Finisher					
1994-5	Archibald Duncan	SVHC	78.33	Only 1 Finisher					
1993-4	Robert Lambie	SVHC	70.21	Archibald Duncan	U/A	73.50	Only 2 Finishers		
1992-3	No Finishers								

Scottish Cross Country Union

1991-2	Tommy Harrison	Maryhill H	83.00	Only 1 Finisher					
1990-1	Tommy Harrison	Maryhill H	56.50	Only 1 Finisher					
1989-90	No Finishers								
1988-9	No Finishers								
1987-8									
1986-7	David Morrison	Shettleston H	45.02	Only 1 Finisher					
1985-6	No Finishers								
1984-5	Gordon Porteous	Maryhill H	42.28	David Morrison	Shettleston H	42.46	Only 2 Finishers		
1983-4									
1982-3	J Emmet Farrell	Maryhill H	46.07	Only 1 Finisher					
1981-2	Herbert Smith	Maryhill H	47.27	Only 1 Finisher					
1980-1									

1979-80	J Emmet Farrell	Maryhill H							
1978-9	Roddy Devon	Clyde Valley AAC	59.54	Only 1 Finisher					
1977-8	No Finishers								

Scottish Cross Country Champions (M75 Men)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	Alexander Sutherland	Inverness H	31.37	Robert Marshall	Morpeth H	35.25	Guillermo Hernandez	Dundee Hawkhill H	36.16
2023-4	Alexander Sutherland	Inverness H	30.48	Guillermo Hernandez	Dundee Hawkhill H	34.15	Only 2 Finishers		
2022-3	Alexander Sutherland	Inverness H	30.04	Robert Young	Clydesdale H	31.19	Norman Baillie	Garscube H	31.30
2021-2	Robert Young	Clydesdale H	29.37	Guillermo Hernandez	Dundee Hawkhill H	33.12	Rodrick Campbell	Cosmic Hillbashers	37.46
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Robert Young	Clydesdale H	31.01	Peter Cartwright	Clydesdale H	35.06	Frank Birch	Teviotdale H	37.39
2018-9	Robert Young	Clydesdale H	33.08	Only 1 Finisher					
2017-8	Stephen Cromar	Dundee Hawkhill H	35:28	George Black	Fife AC	36:44	Ian Leggett	Lothian RC	40:48
2016-7	Stephen Cromar	Dundee Hawkhill H	38.11	Only 1 Finisher					
2015-6	Watson Jones	Clydesdale H	32.44	Only 1 Finisher					
2014-5	Leslie Nicol	Metro Aberdeen RC	36.41	Only 1 Finisher					
2013-4	Walter McCaskey	Edinburgh AC	36.41	Arnott Kidd	U/A	44.53	Only 2 Finishers		
2012-3	Leslie Nicol	Metro Aberdeen AAC	29.51	Walter McCaskey	Edinburgh AC	31.22	Arnott Kidd	U/A	35.30
2011-2	Leslie Nicol	Metro Aberdeen AAC	31.27	Arnott Kidd	U/A	35.49	Stephen McLean	Bellahouston H	36.37
2010-1	Walter McCaskey	Edinburgh AC	32.08	Arnott Kidd	U/A	35.02	William Drysdale	Law & District AAC	44.10
2009-10	Walter McCaskey	Edinburgh AC	52.11	William Russell	U/A	67.42	Only 2 Finishers		
2008-9	No Finishers								
2007-8	Owen Light	Troon Tortoises AC	68.25	Only 1 Finisher					
2006-7	No Finishers								
2005-6	No Finishers								
2004-5	No Finishers								
2003-4	Hugh McGinley	Falkirk Victoria H	76.06	Only 1 Finisher					
2002-3	No Finishers								
2001-2	Hugh McGinley	Falkirk Victoria H	63.12	Alexander Duncan	Stornoway RC	90.00	Only 2 Finishers		
2000-1	No Finishers								
1999-2000	No Finishers								
1998-9	No Finishers								
1997-8	No Finishers								
1996-7	No Finishers								
1995-6	Gordon Porteous	Maryhill H	60.06	Only 1 Finisher					
1994-5	No Finishers								
1993-4	No Finishers								
1992-3	No Finishers								

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1991-2	Gordon Porteous	Maryhill H	55.42	Only 1 Finisher					
1990-1	No Finishers								
1989-90	No Finishers								
1988-9	David Morrison	Shettleston H	46.46	Only 1 Finisher					
1987-8									
1986-7	J Emmet Farrell	Maryhill H	51.43	Only 1 Finisher					
1985-6	J Emmet Farrell	Maryhill H	68.09	Only 1 Finisher					
1984-5	J Emmet Farrell	Maryhill H	45.14	Only 1 Finisher					

Scottish Cross Country Champions (M80 Men)

Scottish Athletics Federation/Scottish Athletics Limited

2024-5	Robert Young	Clydesdale H	35.47	Ken Naismith	Highland Hill R	38.19			
2022-3	Peter Carwright	Clydesdale H	36.28	Only 1 Finisher					
2021-2	No Finishers								
2020-1	No Championship due to Covid-19 pandemic								
2019-20	William Drysdale	Law & District AAC	64.09	Only 1 Finisher					
2018-9	Stephen Cromar	Dundee Hawkhill H	40.43	Walter McCaskey	Edinburgh AC	43.48	James Pittillo	Teviotdale H	44.50
2017-8	Arnott Kidd	Individual	60:00	William Drysdale	Law & District AAC	64:13	Only 2 Finishers		
2016-7	James Pittillo	Teviotdale H	38.18	Arnott Kidd	Individual	43.21	William Drysdale	Law & District AAC	60.04
2015-6	Walter McCaskey	Edinburgh AC	34.28	James Pittillo	Teviotdale H	39.28	William Drysdale	Law & District AAC	51.08
2014-5	Walter McCaskey	Edinburgh AC	35.08	James Pittillo	Teviotdale H	39.22	Arnott Kidd	Individual	45.09
2013-4	No Finishers								
2012-3	No Finishers								
2011-2	William Russell	U/A	50.22	Only 1 Finisher					
2010-1	No Finishers								
2009-10	No Finishers								
2008-9	No Finishers								
2007-8	No Finishers								
2006-7	No Finishers								
2005-6	No Finishers								
2004-5	No Finishers								
2003-4	No Finishers								
2002-3	No Finishers								
2001-2	No Finishers								
2000-1	No Finishers								
1999-2000	No Finishers								
1998-9	No Finishers								
1997-8	No Finishers								
1996-7	No Finishers								
1995-6	No Finishers								
1994-5	No Finishers								
1993-4	Gordon Porteous	Maryhill H	63.57	Only 1 Finisher					
1992-3	No Finishers								

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1991-2	No Finishers								
1990-1									
1989-90									
1988-9	No Finishers								
1987-8									
1986-7									
1985-6	No Finishers								

Scottish Cross Country Champions (M85 Men)

2022-3	Leslie M Nicol	Metro Aberdeen RC	39.31	Only 1 Finisher
2021-2	Leslie M Nicol	Metro Aberdeen RC	38.14	Only 1 Finisher
2020-1	No Championship due to Covid-19 pandemic			
2019-20	James Pittillo	Teviotdale H	44.21	Only 1 Finisher